

Stress Thallium Testing Procedure Preparation

- Please wear loose, warm and comfortable clothes and rubber sole shoes or sneakers and preferably two piece clothing like pants and buttoned shirt. Please note the office is cold.
- Do not wear any body lotion on your chest area.
- Do not eat for four hours prior to your scheduled test time.
- If you are insulin dependent, please bring your insulin with you.
- NO CAFFIENE OR DECAF 2 DAYS PRIOR TO YOUR EXAM DATE. WHICH INCLUDES COFFEE TEA SODA CHOCOLATE.
- Please bring a light lunch and drink (water, juice or milk) with you because testing is very long and you will have a break.
- You can take your regular medications including high blood pressure medications unless otherwise advised by your doctor.
- IF YOU ARE TAKING THESE FOLLOWING BLOOD PRESSURE MEDICATIONS PLEASE STOP THEM 2 DAYS PRIOR TO EXAM (UNLESS INSTRUCTED DIFFRENTLY) TENORMIN, PROPRANOLOL ,LABETALOL ,ATENOLOL, BYSTOLIC, LEVATOL, TOPROL XL ,LOPRESSOR ,BISIPROLOL, CARVEDILOL, METOPROLOL, COREG, COREG CR, TARKA, VERAPAMIL,OR DUTOPROL.
- If you are diabetic, you must get separate instructions. Please advise staff.
- Please be aware the test is approximately four hours long.
- There are no cellular phones allowed during the study.

If you are unable to keep your appointment, kindly give 24-hour notice. Very costly medications are ordered specifically for your test. If proper notice is not given, you may receive a bill for the cost of the medication ordered.

INSTRUCCIONES PARA PERFUSION MIOCARDIOLOGIA

* NO INGERIR CAFEINA 2 DIAS ANTES DEL EXAMEN (INCUYENDO SODA, CHOCOLATE, TE O PRODUCTOS DESCAFEINADOS).

* VENGA EN ROPA COMODA, PREFERIBLE CON BLUSAS DE BOTONES Y TENNIS.

* PUEDE COMER ALGO LIGERO 4 HORAS ANTES DE SU EXAMEN.

*SI USTED ESTA TOMANDO ALGUNA DE LOS SIGUIENTES MEDICAMENTOS
TENORMIN, PROPANOLOL, LABATALOL, ATENOLOL, BYSTOLIC,
LEVATOL, TOPROL XL ,LOPRESSOR ,BISIPROLOL ,CARVEDILOL ,METOPROLOL,
COREG, COREG CR, VERAPAMIL, TARKA OR DUTOPROL. FAVOR DE DEJAR DE
TOMARLO 48 HORAS ANTES DE SU EXAMEN.

*SU EXAMEN DURARA DE 2 A 3 HORAS,